

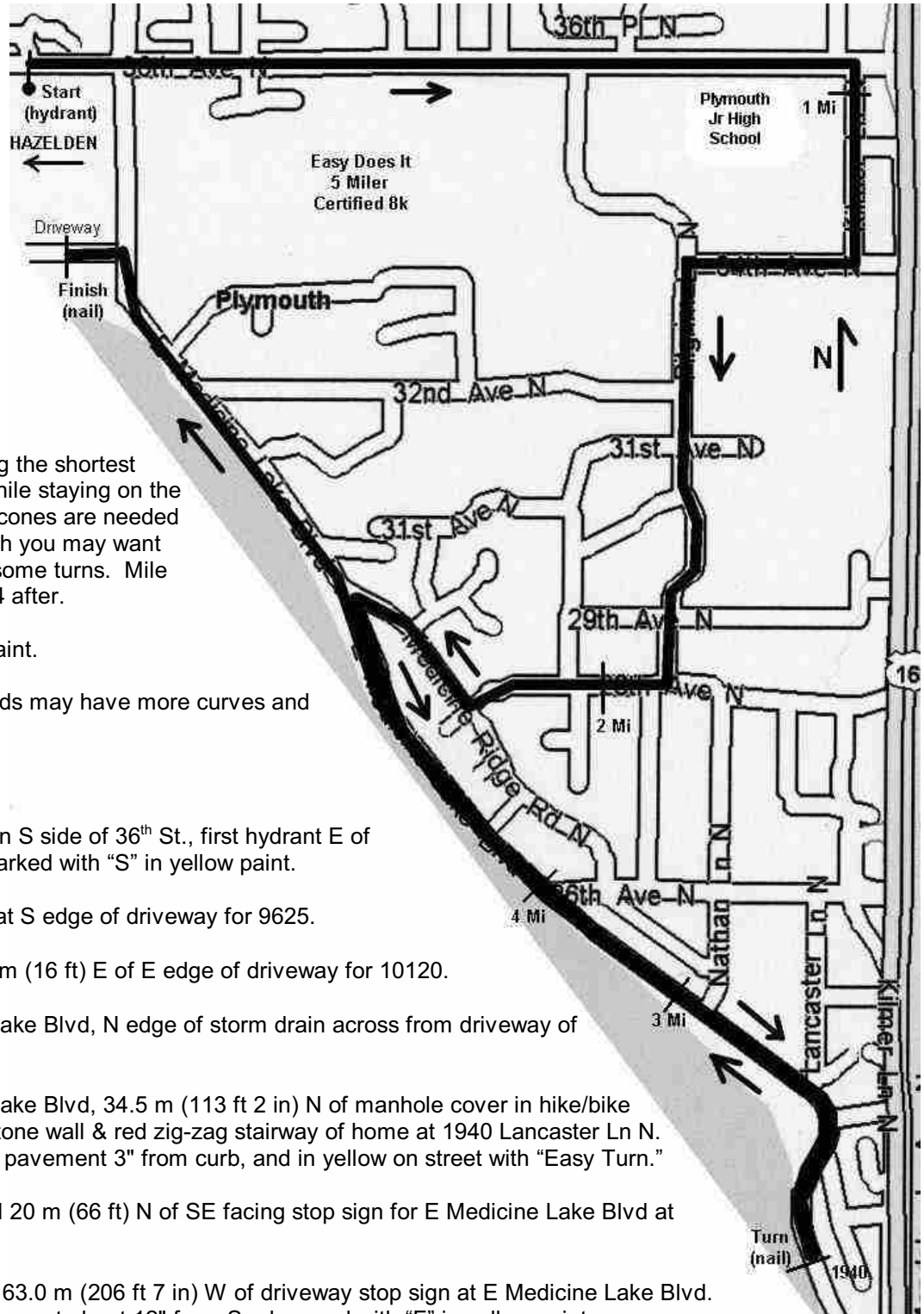
Easy Does It 5-Miler

June 12, 2004, and successive years
(measured and certified as an 8k race)

MN•04013•RR

Course:

Start east on 36th Ave N just E of Hazelden driveway, S on Kilmer Ln N (right turn after Jr. HS), W on 34th, S on Pilgrim Ln N, W on 28th, NW on Medicine Ridge Rd N, sharp left to go SE on E Medicine Lake Blvd (on the road, opposite the normal direction) clockwise turnaround N of 18th Ave N to return NW on hike/bike trail past Medicine Ridge Rd, then briefly W to finish on Mission driveway.



Attention Race Director:

The course was measured using the shortest path that a runner could take while staying on the specified roads and paths. No cones are needed except at the turnaround, though you may want volunteers to direct runners at some turns. Mile 3 occurs before the turn, mile 4 after.

All points marked with yellow paint.

Map may not be to scale. Roads may have more curves and intersections than shown.

Measured Points:

Start: Center of fire hydrant on S side of 36th St., first hydrant E of Hazelden driveway. Marked with "S" in yellow paint.

Mile 1: W side of Kilmer Ln N at S edge of driveway for 9625.

Mile 2: S side of 28th Ave N, 5 m (16 ft) E of E edge of driveway for 10120.

Mile 3: W side of E Medicine Lake Blvd, N edge of storm drain across from driveway of 2420.

Turn: W side of E Medicine Lake Blvd, 34.5 m (113 ft 2 in) N of manhole cover in hike/bike trail across blvd from stone wall & red zig-zag stairway of home at 1940 Lancaster Ln N. Marked with nail in trail pavement 3" from curb, and in yellow on street with "Easy Turn."

Mile 4: E edge of hike/bike trail 20 m (66 ft) N of SE facing stop sign for E Medicine Lake Blvd at 26th Ave N.

Finish In driveway to Mission, 63.0 m (206 ft 7 in) W of driveway stop sign at E Medicine Lake Blvd. Marked with nail in pavement about 12" from S edge, and with "F" in yellow paint.

Measured June 7, 2004
Don Wright
651/770-3728